



COVID-19

Management Flow Chart to support safe and timely entry back into the Cheerforce Gym following suffering of Covid-19 for individual or that of a family member.

PLEASE ENSURE THAT ALL PPE USED IS DISPOSED OF APPROPRIATELY AND HAND HYGIENE IS FOLLOWED. ANY CONCERN SHOULD BE REPORTED TO COVID-19 LINK WORKER.



Management Flow Chart to support safe and timely entry back into the Cheerforce Gym following suffering of Covid-19

This process is to be used by the Cheerforce Ten coaching team to ensure that all individuals that that have been refused entry into the gym due to Covid-19 concerns and not meeting the requirements set out in the Meet and Greet Policy can return to the training programme set out for season 9 in a safe manner and following government guidelines. This will ensure the safety of every athlete and Cheerforce Ten member and will reduce the spread of any infection.

Does the individuals visit to the Gym follow the time table published and is essential for the safe continued practice of season 9 or where necessary authorised by the programme directors. Is this entry in line with their booking to be tested following the meet and greet policy and return to training schedule?

Yes

No

Check temperature of all individuals attending meeting and then determine if the individual was isolating themselves due to Covid-19 concern or that of a family member and ensure that they complete the return to training documentation. Any athlete under the age of 18 must be supported by their Next of Kin. CF10 staff member must wear PPE for this including mask, apron and gloves and follow good hand hygiene identified on posters following meeting.

Explain current position on the Cheerforce ten meet and greet protocol and politely decline entry unless authorised by programme director or Head Coach within the gym at that time and they meet the requirements set out in the Meet and Greet Policy.

Themselves

Family Member

Confirm on Cheerforce Ten records that the 10 day isolation period has been met and ensure that they have not had a temperature for over 48 hours. If this is the case then confirm with the head coach that they are happy for training and then allow entry into the gym following the remainder of the meet and greet protocol.

Confirm on Cheerforce Ten records that the 14 day isolation period has been met and no other family member is unwell, ensure that the Athlete has had no temperature, cough or loss of smell. If so determine date and refuse entry into the gym until this time period has been met and treat as suspected Covid-19 infection. If athlete well and isolation period has been met confirm with the head coach that they are happy for training and then allow entry into the gym following the remainder of the meet and greet protocol. If unsure of dates please speak to the Covid-19 link workers.

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